PERCEIVED SOCIAL SUPPORT ASSESSMENT

MULTIDIMENSIONAL SCALE OF PERCEIVED SOCIAL SUPPORT ASSESSMENT

**Source:** The items come from the 12-item Multidimensional Scale of Perceived Social Support. Used with permission


**Scale Description:** A 12-item scale of perceived social support from family and friends. Does not refer to deployment.

**Scoring and Algorithm**

| Note: | For each assessment, there is an algorithm leading to one of three acuity ranges. The logic for the user receiving specific feedback is included in the algorithms below. |

**Scoring, Algorithm and Feedback notes**

Each item is scored 1-7 as indicated below. Total is sum of all 12 items, possible range for total is 7-84.

**All items are scored:**

Very Strongly Disagree = 1  
Strongly Disagree = 2  
Mildly Disagree = 3  
Neutral = 4  
Mildly Agree = 5  
Strongly Agree = 6  
Very Strongly Agree = 7

**Algorithm**

Total = 69-84  High Acuity  
Total = 49-68  Moderate Acuity  
Total = 12-48  Low Acuity
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SOCIAL SUPPORT ASSESSMENT

Instructions: We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.

<table>
<thead>
<tr>
<th>Very Strongly Disagree</th>
<th>Strongly Disagree</th>
<th>Mildly Disagree</th>
<th>Neutral</th>
<th>Mildly Agree</th>
<th>Strongly Agree</th>
<th>Very Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
</tbody>
</table>

1. There is a special person who is around when I am in need. 1 2 3 4 5 6 7

2. There is a special person with whom I can share my joys and sorrows. 1 2 3 4 5 6 7

3. My family really tries to help me. 1 2 3 4 5 6 7

4. I get the emotional help and support I need from my family. 1 2 3 4 5 6 7

5. I have a special person who is a real source of comfort to me. 1 2 3 4 5 6 7

6. My friends really try to help me. 1 2 3 4 5 6 7

7. I can count on my friends when things go wrong. 1 2 3 4 5 6 7

8. I can talk about my problems with my family. 1 2 3 4 5 6 7

9. I have friends with whom I can share my joys and sorrows. 1 2 3 4 5 6 7

10. There is a special person in my life who cares about my feelings. 1 2 3 4 5 6 7

11. My family is willing to help me make decisions. 1 2 3 4 5 6 7

12. I can talk about my problems with my friends. 1 2 3 4 5 6 7

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